



ENDOLIFTING ACADEMY · 2026

Minimally Invasive **Facial Surgery** Course

Intensive 2-day theoretical and hands-on program in modern facial rejuvenation, definition, and harmonization.

ACADEMIC DIRECTION

Dr. Patricio Barros Costa

Dermatology · Facial Plastic Surgery



An advanced training program for physicians seeking to master **minimally invasive facial procedures.**

The Minimally Invasive Facial Surgery Course is an intensive program designed for physicians who wish to incorporate or refine modern techniques in facial rejuvenation, definition, and harmonization through low-invasive approaches.

Unlike a course focused on a single technique, this program brings together a strategic set of procedures that can be used independently or combined, according to the facial diagnosis, the patient's anatomy, and the clinical objectives.

Over the course of 2 days, participants will receive theoretical training, anatomical planning, clinical demonstration, and supervised hands-on practice, with an approach focused on natural, safe, and reproducible results.



2

DAYS · THEORY + PRACTICE

6

INTEGRATED PROCEDURES

Six techniques — used independently or **combined**.

01 Facial Endolifting

A laser-assisted minimally invasive technique focused on tissue retraction, collagen stimulation, facial definition, and contour improvement. Covers principles of facial Endolifting, patient selection, anatomical safety zones, treatment vectors, access points, working depth, laser–tissue interaction, and clinical planning.

02 Facial Fat Transfer

A regenerative and volumetric procedure using autologous fat to restore volume, improve skin quality, and treat signs of facial aging. Includes facial assessment, donor area selection, fat harvesting and processing, microfat and nanofat applications, injection planes, facial fat compartments, and strategies for natural, harmonious results.

03 High-Definition Submental Liposuction

A technique focused on defining the mandibular contour, submental region, and cervicofacial angle. Participants learn patient selection, preoperative marking, entry points, cannula selection, safe aspiration planes, fibrosis management, skin retraction strategies, and how to combine it with tightening or rejuvenation techniques.

04 Segmental Facial Liposuction

A selective approach to treat specific facial fat compartments and improve definition without compromising a natural appearance. Focuses on the analysis of facial fat compartments, clinical indications, segmental design, cannula trajectories, prevention of irregularities, asymmetry control, and planning of combined treatments.

05 Blepharoplasty

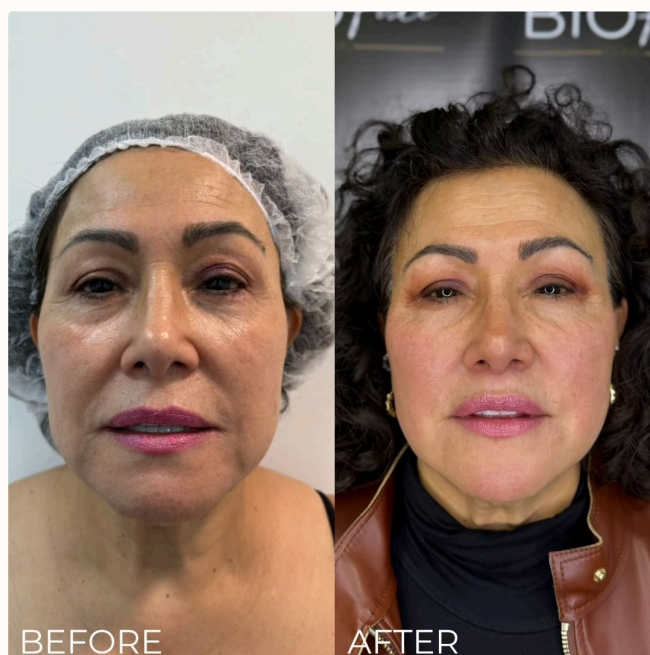
A surgical procedure that rejuvenates the periocular region by addressing excess skin, fat pads, and structural changes of the upper and/or lower eyelids. Includes periocular anatomy, indications, patient selection, incision planning, fat pad management, skin resection principles, complication prevention, and integration into a global rejuvenation plan.

06 Microlifting

A minimally invasive facial lifting technique that improves support, skin tension, and tissue repositioning through limited approaches and precise surgical maneuvers. Reviews facial vectors, incision design, tissue handling, fixation concepts, tension distribution, clinical indications, and combinations with Endolifting, fat transfer, or facial liposuction.

Natural, safe, and reproducible **outcomes.**

Before and after minimally invasive facial procedures performed by Dr. Patricio Barros Costa — improved contour, definition, tissue retraction, and skin quality.



Results may vary by patient and clinical indication.

DAY 1

Theoretical Foundations & Surgical Planning

Understanding the anatomical, technical, and clinical principles behind each procedure.

- Applied facial anatomy
- Risk zones and safety planes
- Facial diagnosis and patient selection
- Indications and contraindications
- Preoperative marking
- Surgical planning
- Instruments, technology, and materials
- Safety protocols
- Prevention and management of complications
- Combination strategies between procedures

DAY 2

Clinical Practice & Supervised Application

Clinical application with emphasis on anatomical precision, technical execution, and decision-making.

- Live clinical demonstration
- Supervised hands-on training
- Facial marking
- Access point planning
- Instrument handling
- Clinical case discussion
- Sequencing of combined treatments
- Postoperative protocols
- Complication management

WHO IS THIS COURSE FOR?

This course is designed for physicians working in areas related to facial aesthetics, dermatology, dermatologic surgery, facial plastic surgery, plastic surgery, maxillofacial surgery, advanced aesthetic medicine, or other related specialties.

It is especially designed for professionals seeking to expand their clinical practice through minimally invasive facial procedures with an anatomical, surgical, and regenerative approach.



WHAT YOU WILL LEARN

By the end of the program, participants will have a structured understanding of how to evaluate, plan, and execute minimally invasive facial procedures within a comprehensive rejuvenation strategy — developing criteria to:

- | | |
|---|--|
| 01 Evaluate facial aging from an anatomical and functional perspective | 02 Correctly select patients for each procedure |
| 03 Plan individual or combined treatments | 04 Identify safety zones and risk structures |
| 05 Understand the appropriate surgical planes | 06 Apply techniques for definition, retraction, volume, and rejuvenation |
| 07 Prevent common complications | 08 Integrate technology, surgery, and regenerative medicine into a unified approach |

FORMAT

DURATION 2 Days	FORMAT Online or in person	LANGUAGE English
AVAILABILITY Limited Seats	AUDIENCE Physicians	LEVEL Advanced

INVESTMENT

USD 5,000

ONLINE

USD 10,000

IN PERSON

Theory + hands-on

CERTIFICATION

Participants will receive a **certificate of participation** issued by Endolifting Academy, certifying attendance at the intensive training program in minimally invasive facial surgery.

Dr. Patricio Barros Costa

Dermatology · Facial Plastic Surgery

Medical specialist in Dermatology and Facial Plastic Surgery, with advanced training in minimally invasive procedures, facial rejuvenation, laser technologies, facial fat transfer, and high-precision surgical techniques.

His approach combines applied anatomy, surgical planning, medical technology, and natural results, guiding each procedure toward a comprehensive vision of contemporary facial rejuvenation.

- ◆ Specialist — Dermatology & Facial Plastic Surgery
- ◆ Advanced training in laser, regenerative, and high-precision facial surgery

AFFILIATIONS & CERTIFICATIONS



European Academy of
Facial Plastic Surgery —
Member 2026



Sociedad Española de
Cirugía Plástica Facial —
Certified

IN THE OPERATING ROOM
Precision surgery, live technique.

CERTIFICATION DAY

Join a community of **certified physicians.**

Graduates of the Minimally Invasive Facial Surgery Course — completing the program with their Endolifting Academy certificates in hand.





THE CORE CONCEPT OF THE PROGRAM

This course does not teach isolated procedures. It teaches how to build a *complete facial strategy* — knowing when to perform each technique, how to combine them safely, and how to design treatments that improve contour, volume, tension, skin quality, and facial harmony.

An intensive program for physicians seeking to elevate their practice toward a more precise, modern, and anatomically coherent approach to facial surgery.

RESERVE YOUR PLACE

Limited seats available.

Dr. Patricio Barros Costa
ACADEMIC DIRECTOR

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